

OPTAVIA Weight Management Program

Support

For more questions or help getting started contact: Christine Haas MS, Certified Health Coach
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****PLEASE CALL WHEN FOOD ARRIVES****

Order Food Online

1. Go to the website nuweights.optavia.com
2. Click “**Shop**”
3. Chose the dropdown on the left called “**Optimal Weight Fuelings**”
4. Click “**Shop Essential Fuelings**”
5. On left hand side, click “**Kits**” and order the **Essential Optimal Kit (5&1 Plan®)** for \$356.15



OR under **OPTAVIA** Essential Fuelings pick any 17 boxes

6. Proceed with your order
7. Be sure to click on box about receiving emails and special options to get FREE Virtual Coaching emails...the more support the better your success 😊
8. Before you enter your credit card information, click the **OPTAVIA Premier** for maximum discount options (see below for more details)

Order Food by Phone

To place your order over the phone and talk with a live customer service representative call 1-800-572-4417. Order one of the variety packs discussed above with the **OPTAVIA Premier** option and give the customer service rep the ID number 17166701

What are some of the benefits of the OPTAVIA Premier?

1. FREE Membership!
2. FREE shipping on orders of \$250 or more AND 10% Reward used on next **OPTAVIA Premier** order
3. Flat rate shipping of just \$5 on all orders from \$150-\$249.99 AND 5% Rewards used on next **OPTAVIA Premier** order
4. Continue to receive your fuelings, snacks and more automatically each month, so you never run out and stay in fat burning mode! You will receive a reminder email 7 days before your order ships. You can change or cancel your order if you need to at anytime.